



EdSERT Participation

An Educator's How-To Guide



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Introduction

Welcome! Ensuring educators have the support and resources they need is critical for building positive school climates and better student academic outcomes. Educators with strong social and emotional competence are necessary for building the social and emotional competencies of their students. When you feel more confident in supporting students with these skills, you create more positive learning environments and help your students achieve better outcomes.

The Educator Social-Emotional Reflection and Training (EdSERT) program will help you learn more about key social and emotional skills and how those skills are reflected in your teaching practices. It will give ideas on how to promote social and emotional skills in your students. As you participate in EdSERT, it can also support your overall well-being by promoting close relationships and connections with colleagues and by increasing your coping skills and resilience.

This guide outlines the necessary steps for accessing the EdSERT learning modules in the DESSA System and reviewing the material for each competency. You will be participating in EdSERT alongside your colleagues. Although much of the content is designed to be self-reflective and self-directed to be personally meaningful to you, we recommend finding opportunities to share your learning and experiences with your colleagues.

Welcome to EdSERT

The Educator Social-Emotional Reflection and Training (EdSERT) program is a comprehensive set of research-based resources developed specifically for educators. EdSERT provides you with strategies to enhance your use of social and emotional practices in your classroom, which benefits your students and your well-being!

EdSERT uses a self-reflective and self-directed approach to implement strategies that support your social and emotional teaching practices. Additionally, large- and small-group meetings help you build connections with your colleagues and support your overall well-being as an educator. The main components of participating in EdSERT include:

Professional Development Learn why social and emotional skills are important for all members of school communities.	Self-Reflective Assessments Reflect on your existing teaching practices and identify strengths and growth opportunities.
Personal Development Plan Choose a focus area and set your intentions to enhance your teaching practices.	Strategies Implement self-directed practices to enhance your social and emotional teaching practices.
Strategy Check-Ins Complete brief check-in surveys on your use of strategies for each competency.	Pre- & Post-Evaluation Surveys Complete two evaluation surveys to provide feedback on your participation in EdSERT.

The EdSERT program is organized into nine modules and is accessed in the DESSA System. The first module is an Introduction to EdSERT. The remaining modules focus on eight key social and emotional competencies.

EdSERT Social and Emotional Competencies Promoted



Self-Awareness



Self-Management



Social Awareness



Relationship Skills



Goal-Directed Behavior



Personal Responsibility



Decision Making



Optimistic Thinking

Each module includes:

- an introduction to the competency.
- a self-assessment to reflect on your current use of key social and emotional teaching practices related to that competency.
- a personal development plan to help you select focus areas and set your intentions to implement new practices.
- a set of strategies aligned to the practices in the self-assessment.
- an end-of-module survey to share your experiences.

Accessing the EdSERT Program

Step 1: If you have a DESSA System account, skip this step. If you need to activate your DESSA System account, use these steps:

- Look for an email from platform@apertureed.com with the subject line “Welcome to DESSA!” • Select the Create Account button in the email to open the activation window.
- Enter a password for your account.
- Select the checkbox to agree with the Privacy Policy and Terms and Conditions.
- Select Activate.
- Email invitations are active for only 7 days. If you receive a message that the link has expired, please request a new invitation by contacting your EdSERT Facilitator.
- If you do not have a DESSA System account, contact your EdSERT Facilitator.

Step 2: After logging into your DESSA System account, click on the Training tab in the top menu and select EdSERT.

Step 3: Once you’ve accessed the EdSERT course material, work through the modules as assigned by your EdSERT Facilitator.