

Apologies and Forgiveness Scenarios

Supporting Document

Apology Steps

1. Think (reflect) about the situation. If you did something wrong, admit it to yourself.
2. Say that you are sorry about the situation.
3. Think about ways you can make the situation better.

Directions: Have students read the scenario. After reading the scenario:

- Identify the hurt or damage that has been done.
- Develop what an apology might sound like.
- Reflect on what it might feel like to the person doing the forgiving.

Scenario 1: Robert, Trent, and María are walking to the cafeteria for lunch together. They were talking about how difficult the reading assignment was and Trent says, “Yeah, that assignment was really difficult.” Robert responds with, “Yeah, that probably was difficult...for you” and María laughs. Trent looks upset by this but does not say anything.

Scenario 2: Darek and Mikayla are working on a class assignment together. Darek jokingly reaches across Mikayla’s desk to take her pencil. When Mikayla sees him doing this, Darek pulls his hand back quickly. His hand accidentally gets caught on her paper, which then rips. Mikayla is angry with Darek.

Scenario 3: Kende told her friend Monica something embarrassing that happened to her over the weekend. At lunch, Kende and Monica were sitting with their friends when Monica asked, “Do you all want to hear something funny?” Monica then shared Kende’s embarrassing story with their group of friends. Kende was hurt, angry, and embarrassed that Monica would do this.